

# Freitag, 4. August 2023

Today and daily until Sunday, 6<sup>th</sup> August, 8.00 am - 4.00 pm

## 28<sup>th</sup> Summer Concours Hippique St. Moritz



The 28<sup>th</sup> Summer Concours Hippique St. Moritz will take place from the 3<sup>rd</sup> – 6<sup>th</sup> August 2023. This event is designed to appeal to those participants and spectators who appreciate a family environment. The competitions will be held in categories from B 75 – B85 / BR 90, R/N 100 – 120 and two Derby.

Very attractive prizes are to be won. Enjoy four days of exciting show jumping in the unique surroundings of the Upper Engadine.

**For further information, please contact our Concierge.**

Suvretta Sports & Pleasure

## Körperbehandlung Swiss Bodyrelax



Gönnen Sie Ihrem Körper eine Auszeit und lassen Sie sich nicht den Tag von Verspannungen und Müdigkeit erschweren. Unsere 60-minütige Rückenmassage wirkt entspannend und stressabbauend. **Unser Spa Team freut sich auf Ihren Besuch und berät Sie gern. Tel. 9274.**

The  
**SwissCellSpa**  
EXPERIENCE

## Gallery ELLE at Suvretta House



The ELLE gallery is delighted to be present at Suvretta House St. Moritz since 2019. The room represents a natural extension of the activities of Galerie Elle in Switzerland. This summer, Galerie Elle is exhibiting "A Piece of Sea and Sky" with works by the international artists Ana María Hernando, Christina Oiticica, Nicola Staeglich and Ian Fisher.

**Opening hours: TUE – SAT: 2.00 pm – 7.00 pm or by appointment.**

Mittwoch bis Samstag, ab 19.30 Uhr

## Chef's Table mit Küchenchef Fabrizio Zanetti



Ein simpler Restaurantbesuch ist Ihnen zu langweilig oder Sie möchten hinter die Kulissen blicken? Unser Chef's Table ermöglicht Ihnen hautnah einen Einblick in die Begeisterung und Leidenschaft des Kochens unseres Küchenteams. Executive Küchenchef Fabrizio Zanetti lädt zu Tisch in der Suvretta House Küche – ein exklusives Dîner für Ihren ganz individuellen Anlass, und das mitten im Geschehen. Wir freuen uns auf Ihren

privaten Chef's Table! Mindestens 4 Teilnehmern.

**Für weitere Informationen wenden Sie sich bitte an den Concierge.**

Tomorrow, 5<sup>th</sup> August 2023 at the Suvretta Sports & Pleasure Club

## Stay in motion with our fitness team



8.00 – 9.00	am	Pilates
5.00 – 6.00	pm	Yoga

Tomorrow, Saturday 5<sup>th</sup> August 2023, 1.45 – 4.00 pm

## Mountain bike fun for kids – Kids Bike League easy / medium «Fit & Fun Programme»



In the Kids Bike League we introduce the kids to biking skills such as balance, coordination and braking technique in a playful and fun way. In the groups "Gämsli" approx. 5-7 years, "Stauböck" approx. 8-12 years and "Flow Xperience" approx. 10-14 years, we improve the skills of your kids. The course

begins in the practice area with playful technique challenges. In the second part it goes into the open terrain. Equipment: sport clothing, trainers, wind/rain jacket and sunscreen. Bikes and helmets are provided.

Please take your mountain ticket and change for the bike transport with you. Minimum age: 5 years. Minimum participants: 2 persons.

**Kindly book your place before 5.00 pm on Friday. For further information please contact our Concierge.**

Preview - from 21<sup>st</sup> until 26<sup>th</sup> August 2023

## 9<sup>th</sup> Suvretta House Art Week – „A Window to Nature“



Discover your artistic talent under the guidance of internationally renowned painter and art lecturer Nicki Heenan in the most beautiful landscape of the Engadine. This course is suitable for amateur and experienced painters. The drawing takes place in the open air and is based on the use of water and acrylic paints. The course takes place on 4 days with the exhibition on the 5<sup>th</sup> day.

4-day course CHF 550.– / Daily rate CHF 150.– /  
½ day rate CHF 85.–.

**For information and reservations please contact our Concierge.**

## Ferienwetter / Weather Forecast / Prévision du temps



Veränderlich  
Variable  
Variable

Temperaturen um 8.00 Uhr  
Temperature at 8.00 am \_\_\_\_ °C  
Température à 8 heures