

FrISChe Säfte

Detox (88kcal)	CHF 18.00
<i>Kurkuma, Ingwer, Limette, Apfel, Ananas</i>	
Green Power (98kcal)	CHF 18.00
<i>Stangensellerie, Grüner Apfel, Spinat, Zitrone, Minze, Gurke</i>	
New Energy (118kcal)	CHF 18.00
<i>Randen, Gala Apfel, Granatapfel, Ingwer, Traube</i>	
Sunshine (108kcal)	CHF 18.00
<i>Ananas, Zitronengras, Traube, Birne, Zitrone</i>	

Suvretta Klassiker

Clubsandwich «Suvretta House»	CHF 44.00
«Hier spielen Kalorien keine Rolle»	
Vegetarisches Clubsandwich	CHF 38.00
«Suvretta House»	

Gesunde Bowls

Beauty Bowl	CHF 28.00
<i>Kale, Ur-Dinkel, Petersilie, Minze, Feta, Kaki, Salz-Zitrone</i>	
Relax Bowl	CHF 28.00
<i>Baby Lattich, Avocado, Pomelo, Barunüsse, Sesam Dressing</i>	
Poke Bowl	CHF 42.00
<i>Jasmin Reis, Swiss Lachs, Mango, Wakame, Gurke</i>	
HIGH PROTEIN Detox Bowl	CHF 36.00
<i>Freekeh, Kürbisgemüse, Mischpilze, Kurkuma-Vinaigrette, Granatapfel, Wintertrüffel</i>	
HIGH PROTEIN St. Moritz Bowl	CHF 98.00
<i>Bündner Gerste, Gurke, Rande, Meerrettich, Crème fraîche, Kräutersalat, mit 30 g Suvretta Selection Golden Osietra Kaviar</i>	

Leicht & Gesund

Orangen - Ofen Kürbis Salat	CHF 28.00
<i>mit Burrata, Mandeln und Granatapfel Vinaigrette</i>	
Pumpernickel	CHF 21.00
<i>mit Avocado, Amaranth und Grapefruit</i>	
Caesar Salad	CHF 26.00
<i>Baby-Lattich, Brotcroûtons, Parmesan, Sardellen, knusprigem Speck</i>	
HIGH PROTEIN Swiss Lachs Tatar	CHF 39.00
<i>mit Avocado, Mango und Sprossen</i>	

HIGH PROTEIN Schweizer Saiblings Ceviche	CHF 34.00
<i>mit Zitrusfrucht, Granny Smith und Mais</i>	

Warme Speisen

Karotten-Süsskartoffelcreme Suppe	CHF 21.00
<i>mit Minze und Kokosnuss</i>	
Gedämpfter Krabben Bao	CHF 38.00
<i>mit Limette und Koriander</i>	
HIGH PROTEIN Pochierte Maispouardenbrust im Tom Kha Gai-Sud	CHF 46.00
<i>mit Pak Choi und Parfümreis</i>	
HIGH PROTEIN Grillierter Atlantik-Wolfsbarsch	CHF 58.00
<i>auf saisonalem Gemüse und Pomelo-Vinaigrette</i>	
Falafel «Suvretta House»	CHF 38.00

Bewusster Genuss

HIGH PROTEIN Birchermüesli	CHF 21.00
<i>mit Waldbeeren</i>	
Granola	CHF 21.00
<i>mit Beeren und Bündler Joghurt</i>	
HIGH PROTEIN Chia Pudding	CHF 21.00
<i>mit Kokos und Mango</i>	

SUVRETTA

Spa

Fresh Juices

Detox (88kcal) turmeric, ginger, lime, apple, pineapple	CHF 18.00
Green Power (98kcal) celery, green apple, spinach, lemon, mint, cucumber	CHF 18.00
New Energy (118kcal) beetroot, gala apple, pomegranate, ginger, grape	CHF 18.00
Sunshine (108kcal) pineapple, lemongrass, grapes, pear, lemon	CHF 18.00

Suvretta Classics

Club Sandwich "Suvretta House"    "Calories don't matter here"	CHF 44.00
Vegetarian Club Sandwich    (498kcal) "Suvretta House"	CHF 38.00

Healthy Bowls

Beauty Bowl   (328kcal) kale, spelt, parsley, mint, feta, persimmon, salted lemon	CHF 28.00
Relax Bowl  vegan  (358kcal) baby lettuce, avocado, pomelo, brazil nuts, sesame dressing	CHF 28.00
Poke Bowl  (428kcal) jasmine rice, swiss salmon, mango, wakame, cucumber	CHF 42.00
HIGH PROTEIN Detox Bowl   (388kcal) freekeh, pumpkin vegetables, mixed mushrooms, turmeric vinaigrette, pomegranate, winter truffle	CHF 36.00
HIGH PROTEIN St. Moritz Bowl   (378kcal) Grisons barley, cucumber, beetroot, horseradish, crème fraîche, herb salad and 30g Suvretta Selection Golden Osietra caviar	CHF 98.00

 vegetarian  lactose  gluten

Light & Healthy

Orange-oven baked pumpkin salad   (338kcal) with burrata, almonds, and pomegranate vinaigrette	CHF 28.00
Pumpernickel   (258kcal) with avocado, amaranth, and grapefruit	CHF 21.00
Caesar salad    (488kcal) baby lettuce, bread croutons, parmesan, anchovies, and crispy bacon	CHF 26.00
HIGH PROTEIN Swiss salmon tataré (328kcal) with avocado, mango, and sprouts	CHF 39.00
HIGH PROTEIN Swiss char ceviche   (308kcal) with citrus fruits, granny smith apple, and corn	CHF 34.00

Warm Dishes

Carrot & sweet potato cream soup   (198kcal) with mint and coconut	CHF 21.00
Steamed crab bao  (308kcal) with lime and coriander	CHF 38.00
HIGH PROTEIN Poached corn-fed poulard breast in Tom Kha Gai-Broth  (348kcal) with pak choi and perfumed rice	CHF 46.00
HIGH PROTEIN Grilled Atlantic sea bass  (298kcal) on seasonal vegetables with pomelo vinaigrette	CHF 58.00
Falafel "Suvretta House"  (488kcal)	CHF 38.00

Sweet delights

HIGH PROTEIN Bircher Muesli   (318kcal) with forest berries	CHF 21.00
Granola   (328kcal) with berries and Grison yogurt	CHF 21.00
HIGH PROTEIN Chia Pudding (308kcal) with coconut and mango	CHF 21.00

SUVRETTA

Spa

Mineral- & Softgetränke

alkoholfrei

CHF

Allegra	77 cl	10.00
	47 cl	8.50
	35 cl	7.50
Passugger	77 cl	10.00
	47 cl	8.50
	35 cl	7.50
Rivella	33 cl	8.00
Apfelschorle	33 cl	8.00
Coca-Cola, Fanta, Sprite	33 cl	8.00

Heissgetränke

CHF

Suvretta Wellness Tee	10.00
Hausrezept	
Kräuter Tee	10.00
Verveine / Kamille / Rooibos Vanille / Minze / Hagebutte	
Grüner Tee	10.00
Green Dragon / Jasmin Gold	
Schwarzer Tee	10.00
Assam Bari / Darjeeling / Earl Gray	
Matcha Latte	12.00
mit Kokosmilch und Honig	
Espresso	6.00
Doppelter Espresso	10.00
Caffé Crème	10.00
Cappuccino	9.00
Latte Macchiato	10.00
Ovomaltine	9.00

Regionale Biere

CHF

Palü Bier	33 cl	12.00
Bernina Weizen	33 cl	12.00
Palü Bier alkoholfrei	33 cl	12.00
Bernina Weizen alkoholfrei	33 cl	12.00

Champagner

CHF

Laurent-Perrier Héritage	10 cl	28.00
Laurent-Perrier Cuvée, Rosé	10 cl	33.00

Weine

10 cl CHF

Weissweine

Chardonnay AOC	16.00
Weingut Manfred Meier	
Zizers, Graubünden, Schweiz	

Malanser Pinot Gris	15.00
Familie Liesch	
Malans, Graubünden, Schweiz	

Roséwein

Schiller AOC	14.00
Weingut Manfred Meier	
Zizers, Graubünden, Schweiz	

Rotweine

Zizerser Pinot Noir Réserve AOC	23.00
Weingut Manfred Meier	
Zizers, Graubünden, Schweiz	

Brunello di Montalcino DOCG	22.00
Il Poggione	
Toscana, Italien	

Cocktails

CHF

Gentleman's Mule	31.00
Suvretta House Gentleman's Gin, Limette, Ginger Beer	

Bloody Mary	28.00
Vodka, Tomatensaft, Zitronensaft	

Aperol Spritz	25.00
Aperol, Prosecco, Soda	

Mocktails

CHF

Engadin Sunrise	22.00
Cranberry, Passionsfrucht, Zitronensaft, Grenadine, Madelsirup	

Virgin Mojito	22.00
Limette, Rohrzucker, Minze, Ginger Ale	

Suvretta Spritz	22.00
Jsotta Senza Bitter, Tonix, Gurkenscheibe, Basilikum	

*auf Wunsch reichen wir Ihnen unsere grosse Weinkarte

SUVRETTA

Spa

Mineralwater & Softdrinks

alcohol-free

CHF

Allegra (still)	77 cl	10.00
	47 cl	8.50
	35 cl	7.50
Passugger (sparkling)	77 cl	10.00
	47 cl	8.50
	35 cl	7.50
Rivella	33 cl	8.00
Apfelschorle	33 cl	8.00
Coca-Cola, Fanta, Sprite	33 cl	8.00

Hot Beverages

CHF

Suvretta Wellness Tea	10.00
Home recipe	
Herbal Tea	10.00
Verveine / chamomile / rooibos vanilla / mint / rosehip	
Green Teas	10.00
Green Dragon / Jasmin Gold	
Black Teas	10.00
Assam Bari / Darjeeling / Earl Gray	
Matcha Latte	12.00
with coconut milk and honey	
Espresso	6.00
Double Espresso	10.00
Caffé Crème	10.00
Cappuccino	9.00
Latte Macchiato	10.00
Ovomaltine	9.00

Regional Beers

CHF

Palü Beer	33 cl	12.00
Bernina Weizen	33 cl	12.00
Palü Beer without alcohol	33 cl	12.00
Bernina Weizen without alcohol	33 cl	12.00

Champagne

CHF

Laurent-Perrier Héritage	10 cl	28.00
Laurent-Perrier Cuvée, Rosé	10 cl	33.00

Wine

10 cl CHF

White Wines

Chardonnay AOC	16.00
Manfred Meier Winery	
Zizers, Grisons, Switzerland	

Malanser Pinot Gris	15.00
Liesch Family	
Malans, Grisons, Switzerland	

Rosé Wine

Schiller AOC	14.00
Manfred Meier Winery	
Zizers, Grisons, Switzerland	

Red Wines

Zizerser Pinot Noir Réserve AOC	23.00
Manfred Meier Winery	
Zizers, Grisons, Switzerland	

Brunello di Montalcino DOCG	22.00
Il Poggione	
Tuscany, Italy	

Cocktails

CHF

Gentleman's Mule	31.00
Suvretta House Gentleman's Gin, lime, ginger beer	

Bloody Mary	28.00
Vodka, tomato juice, lemon juice	

Aperol Spritz	25.00
Aperol, Prosecco, soda	

Mocktails

CHF

Engadin Sunrise	22.00
Cranberry, passion fruit, lemon juice, grenadine, almond syrup	

Virgin Mojito	22.00
Lime, cane sugar, mint, ginger ale	

Suvretta Spritz «Non Alcoholic»	22.00
Jsotta Senza Bitter, tonic, cucumber slice, basil	

*Upon request, we will provide you with our extensive wine list